

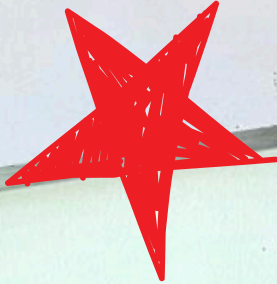


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நற்குண முன்னேற்ற அமைப்பு
FOUNDATION OF GOODNESS

June 2024 NEWSLETTER

Inspirational Quotes

"Failure is The condiment that gives
Success its flavor"



**A student from the Monaragala Village Heartbeat
Empowerment Centre**

HIGHLIGHTS | OYOB CENTRE OF EXCELLENCE | SPORTS ACADEMY
VHE CENTRES | WELFARE | DONATION UPDATES | POTENTIAL PROJECTS |
SUSTAINABLE INCOME GENERATION INITIATIVES

FINAL CALL!

HELP US REACH THE FINAL 5,167
SCHOOL PACKS
FOR RURAL SRI LANKAN CHILDREN!

1 SCHOOL PACK NOW
REDUCED TO \$5

8,553
Received

13,720
Requested

1 x Tote Bag



8 x CR Books



Pens



1 Pack = Rs.1,500

DONATE NOW

NO ADMINISTRATION FEE

Value may vary due to current exchange rates

Name: FOUNDATION OF GOODNESS

Bank: HATTON NATIONAL BANK PLC

Bank Code: 7083 Branch Code: 092

Bank Account No: 092010085900

Branch: THIMBIRIGASYAYA

Swift Code: HBLILKLX

WE ARE NOW REGISTERED IN THE UK!



The Foundation of Goodness is thrilled to announce that we are now a registered charity in the UK and can accept donations via the following bank account:

FOUNDATION OF GOODNESS UK

CAF Cash Account Number: 00037235

Sort Code: 40-52-40


IBAN: GB29CAFB40524000037235

**Address: CAF Bank Ltd, 25 Kings Hill Avenue, Kings Hill,
West Malling, Kent ME19 4JQ**

We are also currently in the process of registering with the HMRC to be eligible for GiftAid and once approval has been granted, non-corporate individual donors who are registered taxpayers in the UK will be able to apply for GiftAid to add value to their donations.

How to apply for a UK Charity Gift Aid Declaration:

01  **COMPLETE THE DECLARATION:**
At or around the time of donation, fill out a Charity Gift Aid Declaration.

02  **ONE-TIME COMPLETION:**
This document will cover the first and all future donations.
It only needs to be completed once.

03  **RETURN THE DOCUMENT:**
Send the completed form to Mr. Tom Seabrook, Trustee of FoG UK,
at Mayfield Cottage, Weston Road, Upton Grey, Hampshire RG25 2RH.

BECOME A STAKEHOLDER IN EMPOWERING 24,843 BENEFICIARIES ACROSS 20 CENTRES ISLANDWIDE!



EMPOWERMENT COURSES THAT WE OFFER

Pre - School Education | Primary Education | Mathematics | Science | Planetary Health Education | Children's Good Values Initiative | Goodness Agriculture Initiative | Computer Training | Graphic Designing (NVQ) | English Language | Sinhala Language | Tamil Language | Traditional Sri Lankan Dance | Beauty Culture Course | Dress Making Course | General Cookery | Finding Dreams Special Needs Class | Women's Empowerment | Swimming | Chess | Netball | Angampora | Cricket | Women's Cricket | Badminton | Karate | Japanese Language | Business Skills | Community Psychosocial Unit | Dental and Medical Clinic | Dive Training | AI - Artificial Intelligence Course





HOOPS FOR HOPE

Basketball Envoy - US Embassy

From June 8-14, the Foundation of Goodness facilitated 'Hoops for Hope' a programme organised by the US Embassy in Colombo and with the support of Impact Hoop Lab. The programme brought in veteran National Basketball Association (NBA) player **Stephen Howard** and veteran Women's National Basketball Association (WNBA) player **Astou Ndiaye**.

This initiative aimed to empower and inspire young athletes across Sri Lanka through training sessions, workshops, and community projects, fostering a spirit of excellence and ambition among our youth.





Special Guests at the Centre of Excellence

We were honoured to host **Sarah Botham** along with a group from **SOHA Retreats** at the Foundation of Goodness and our Sports Centre. Her visit was a wonderful experience, filled with inspiring moments and meaningful interactions. Her support and encouragement uplifted our spirits and reinforced our commitment to empowering youth through sports and education. We are deeply grateful for Sarah Botham's visit and look forward to continuing our journey of making a positive impact together.

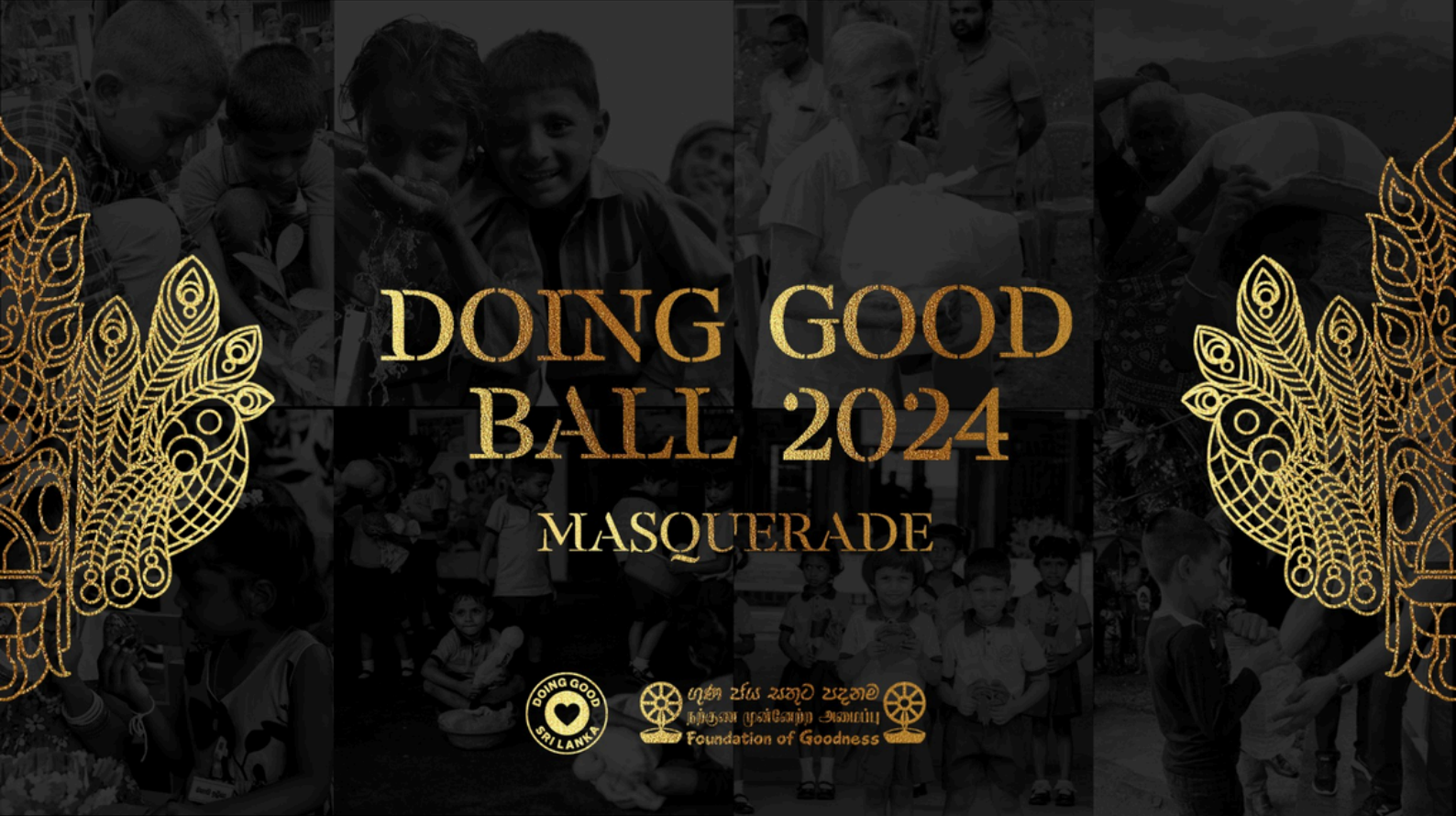




Mid Winter Charity Ball 2024

We are thrilled to share the success of the Mid Winter Charity Ball held in Australia, organised by the compassionate trio of **Bert Ekenaike**, **Vasee Nesiah**, and **Praki Perera**. Proceeds from the ticket sales were generously donated to the Foundation of Goodness, significantly contributing to our efforts to empower women and girls from disadvantaged rural communities in Sri Lanka through education, work readiness programmes, and sports training.





Doing Good Ball 2024

The OYOB Property Group, has for many years been on a journey of actively serving humanity, which began with the first "Doing Good" Charity Gala Ball in 2003. This year too they hosted an elegant event together with their family, friends, clients, and business networks to raise funds for the Foundation of Goodness .

OYOB has made a major impact on a countless number of lives, especially on those who often don't have the same privileges and resources. Their passion for helping people has extended into the non-profit sector to have a greater impact on communities.



BRINGING HOPE AND RELIEF TO THE FLOOD-AFFECTED



Through the overwhelming generosity of our donors, including **Dr. Kushwin Rajamani who was the principal donor along with other compassionate contributors**, we recently brought vital relief to flood-affected families in the Kahangama GN division, Ratnapura.

We distributed 711 grocery packs, 250 5-Litre cans of drinking water 100 Medical Packs, to 4,200+ beneficiaries.





CELEBRATING FATHERS

Father's Day was a heartwarming celebration across all our Centres. The event highlighted the importance of family bonds and provided a wonderful opportunity for our communities to come together and celebrate the invaluable role of fathers in nurturing and guiding the next generation.



DONATIONS THIS MONTH



176 washable reusable diapers have been generously donated to Methsewa Special Needs Home in Wellaway. This thoughtful contribution from the **Canberra Circle of Women**, ensures that the students at Methsewa receive the comfort and hygiene essential for their daily care.



We received a generous donation from **Sam Athukorala** in Australia, consisting of a large quantity stationery, storybooks, clothes, and sports equipment. These items were distributed across our Centres, benefiting numerous children and enhancing their educational and recreational experiences.



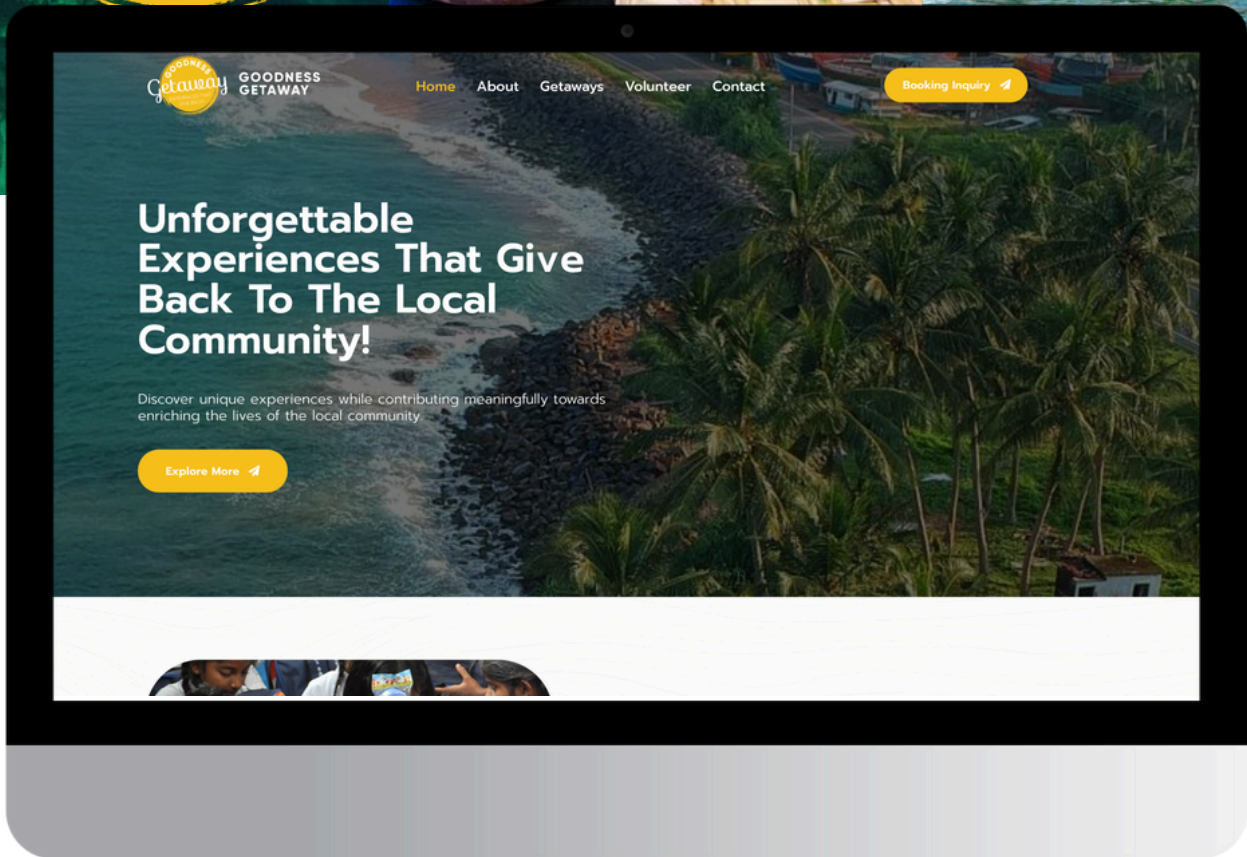
Miss. Dakshini Divyanga was the grateful recipient of a generous donation from **Bandini and the Ceylon School for the Deaf**, who provided her with a high-quality hearing aid. This invaluable gift has significantly improved her ability to hear, transforming her daily life and allowing her to connect more easily with the world around her.



Volunteers **Savisha and Gabriel** generously donated medication to the Madampagama Elders Home, ensuring the residents have access to essential healthcare.

GOODNESS
Getaway
EXPERIENCES THAT
GIVE BACK!

BOOK YOUR ADVENTURE



NOW YOU CAN BOOK YOUR GOODNESS
GETAWAY ONLINE!

www.goodnessgetaway.com

Discover a fresh perspective of Sri Lanka: volunteer, dive into the ocean, play cricket, or master authentic local cuisine. **100% of proceeds from these activities support sustainable community programmes and foster brighter futures for rural families in our villages.**

VOLUNTEER WITH US



WANT TO MAKE A DIFFERENCE? VOLUNTEER WITH US!

This month we welcomed special volunteers **Alex Simpson, Lynette Morrison, Savisha Fernando and Gabriel Gurieff**. These young and energetic volunteers spent their time exploring and sharing their experiences at the Sports Academy and the Centre of Excellence.

The Foundation of Goodness has a robust, flexible volunteer programme that has been welcoming volunteers from around the world for 20 years. We offer a flexible, impact-based programme that best fits our beneficiaries and volunteers.

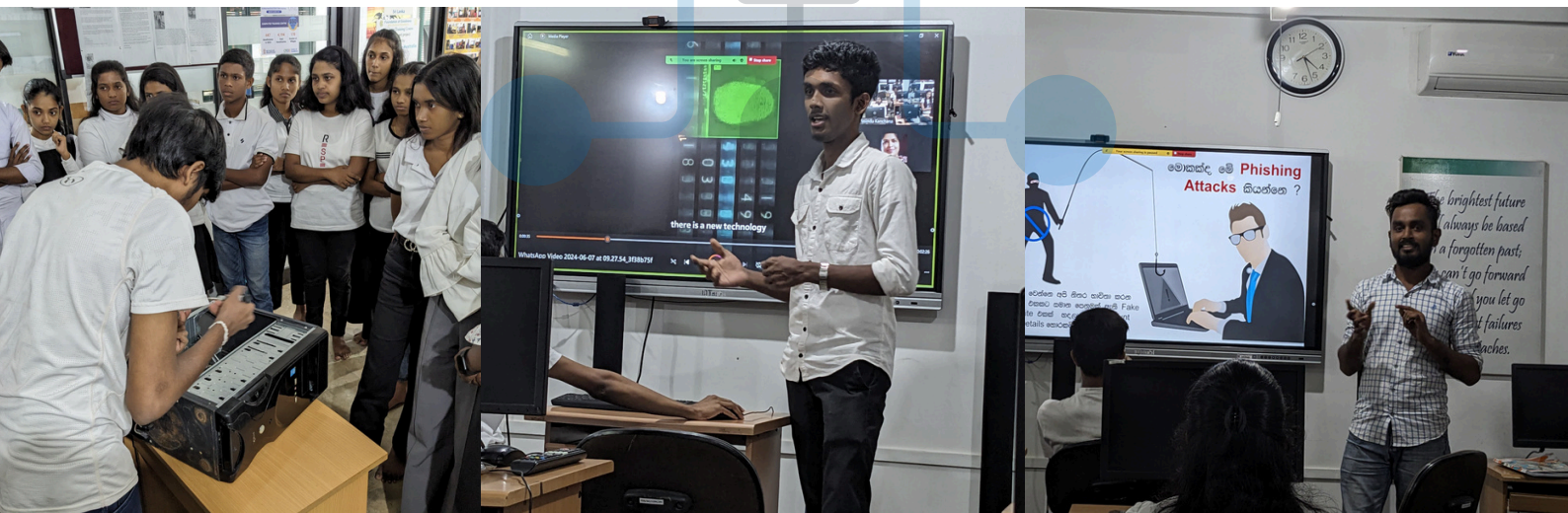


THIS MONTH AT THE OYOB Centre of Excellence



PUTTING THE SPARK IN LEARNING IT!

The IT Day, organised by the computer hardware class students, was a resounding success. It was a dynamic event filled with engaging activities and hands-on experiences. The students enthusiastically shared their IT knowledge, making learning both fun and interactive for everyone involved. The day was a fantastic blend of education and excitement, leaving everyone inspired and eager to dive deeper into the world of technology.





PRACTICAL EXAMS BEGIN!

As the January-to-June term comes to a close, practical and theoretical exams commence in preparation for the graduation of the 33rd batch. Students showcase what they have learned over the past months, while their lecturers assess their work to ensure it meets high standards. These courses are a stepping stone towards creating a more sustainable future for the students.





Compassion for all living beings!

In June, the Stray Friendly Programme, led by the IT section's Computer Hardware Class, successfully covered five villages and provided care for **70 street dogs**. This initiative exemplifies compassion and dedication to animal welfare, ensuring these stray animals receive the support they need.

Through their efforts, they have made a significant impact in the communities they serve, embodying the spirit of empathy and kindness towards all living beings.



GOOD CARE FOR ELDERERS



Nurturing Health and Happiness

In the recent good care for elders sessions, we engaged elders in health screenings, physical exercises, and mental wellness activities ensuring essential nourishment. Sessions included discussions on health and wellness, fostering community and support. Our comprehensive approach promotes the overall well-being and happiness of senior citizens in our community, thanks to your continued support.



STUDENTS IN ACTION



Celebrating 18 years of LEARNING, FUN AND SMILES!

The pre-schoolers at Lahiru recently engaged in a variety of enriching activities.

To celebrate their 18th anniversary, they participated in a community aid project, fostering a spirit of giving and teamwork among the children. They also had a fun cooking activity.

To promote good dental hygiene, a dental camp was held at the preschool, teaching the young students and their parents the importance of oral health through interactive sessions and demonstrations. These events highlight pre-schoolers commitment to holistic education and community well-being.



Finding Dreams Unit: **LEARN. GROW. FLOURISH.**



At the Finding Dreams Special Needs Unit, activities for the month included sports and IT sessions, aimed at building a more sustainable future and fostering independence.

The dehydrating machine, enabled the creation of curry leaf tea, which will be sold to generate income for the students. This initiative empowers them with valuable skills and helps secure their future.





A Heartfelt Thank You

The Foundation of Goodness extends its sincere gratitude to the donors **Ramindu and Indira Randeni** who generously contributed 15 gift packs to our beneficiaries during their visit to the OYOB Centre of Excellence and Sports Academy.



Dr. Stanley and Suramya Rajapakse also visited the Centre of Excellence today, and it was a joyous occasion to welcome them back as donors and friends of the Foundation, since inception.

COMMUNITY AID



COMMUNITY SPIRIT

Students from the Akurala and Kahawa Learning Centres participated in Poson Poya ceremonies this month by creating their own colorful pandol. They also took part in workshops where they made flowers from discarded fabric and engaged in various other activities. These experiences foster holistic learning, team building, and numerous other positive outcomes.





CELEBRATING WORLD OCEAN DAY WITH A BEACH CLEANUP

On the 8th of June, World Ocean Day, a Beach Cleaning Program was organised at Hikkaduwa Beach. The initiative saw enthusiastic participation from students and staff members of the Diving & Training Centre. Volunteers and students from other sectors also joined, united by their love for the ocean. The event was a resounding success, highlighting the collective commitment to preserving the pristine beauty of Hikkaduwa Beach.



SPORTING ACHIEVEMENTS



SWIMMING THE DISTANCE!

**Pentathlon Championships 2024 by
Sri Lanka Aquatic Sports Union at Sugathadasa
Swimming Complex**

Our Foundation of Goodness Senior Swimming Team made a splash at the Pentathlon Swimming Championship 2024!

Tharindi Damsarani secured third place in the U15 Girls category, showcasing her exceptional talent.

This year, six of our swimmers reached the final eight, marking a remarkable achievement and highlighting the team's dedication and hard work.



‘HOOPS FOR HOPE’ AT THE SPORTS ACADEMY

USA NBA/WNBA stars Stephen Howard and Astou Ndiaye visited the FoG Sports Complex. Accompanied by Christie Gilmore and Ashan Gunathilaka from the US Embassy in Colombo, they engaged with 80 students, including 20 basketball players from St. Aloysius College, Galle, and swimming, senior/junior cricket, and netball students from the FoG Sports Academy. The programme focused on mental and match preparation, training, injury prevention, and mental toughness, concluding with an interactive Q&A session. Praneeth Udumalagala of Impact Hoop Lab supported the event.



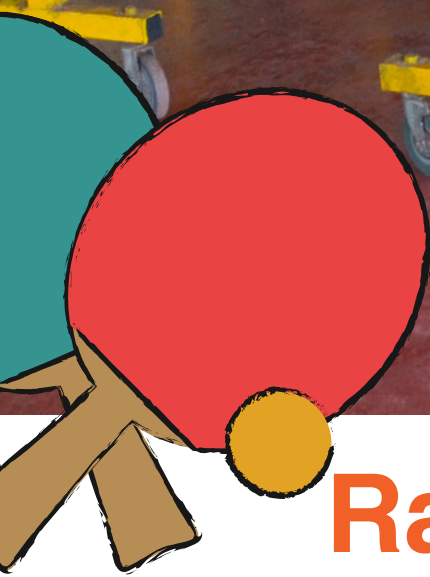
CRICKET NEWS



KNOW MORE, PLAY BETTER!

Hallam University volunteers Alex and Lynette conducted a comprehensive sports program for the FoG Junior U13/U15 Cricket Academy students at the sports office. Using the smart TV, they covered essential topics including training techniques, injury prevention, and diet. This interactive session aimed to enhance the students' skills and knowledge, ensuring their well-being and performance on the field. The volunteers also provided the sports academy with a coaching manual.





Rallying to Victory

The Table Tennis Coaching Camp, led by **Jothipala Samaraweera**, recently took place at the FOG Sports Academy. With expert guidance and passion for the sport, participants honed their table tennis skills, embracing learning and growth in a dynamic and supportive environment.



CRICKET TOURS



The **Adjutant Corps Group** from the UK had a full day of activities. Their programme included a beach cleaning initiative, a visit to the OYOB Centre of Excellence, and a tour of the Sports Academy, and a lunch at the Club House. This visit highlighted their commitment to community service and engagement with local sports programmes.



BAT REPAIR UNIT

February 2023 - June 2024

STATISTICS

Beneficiaries and Scale of Bat Repairs

196

Total no. of
Beneficiaries

196

Total no. of
Bats Repaired

Types of Repairs

Repair of Damaged Areas

Reducing Weight

Mounting Handle

101

54

100

Grip Replacement

Super Cover

Clean Up

178

180

188

Stickers

Toe Rubber

Bat Binding

164

116

169



The Bat Repair Unit plays a crucial role in supporting rural cricket talent, who otherwise could not afford new bats. This unit is instrumental in ensuring that these talented individuals can pursue their cricket dreams.

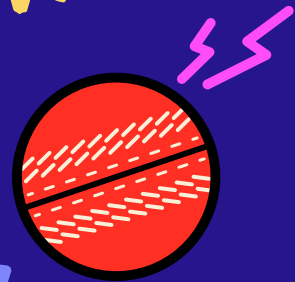


Official sponsorship of the Kingsgrove Bat Repair Unit at the Foundation of Goodness Sports Complex for the year 2024

Bat Repair Unit Facility Development Partners:
Harry Solomons, Phil Ball and another gracious donor.



SHARE YOUR PASSION FOR SPORTS!



SPORTS TOURS AT
THE FOUNDATION OF GOODNESS
CRICKET, NETBALL, SWIMMING AND COMMUNITY
AID PROJECTS



EMPOWERING SPORTS IN THE NORTH

BE PART OF OUR VISION FOR THE UNIVERSITY OF
VAVUNIYA SPORTS MULTI-SPORTS COMPLEX



At the Foundation of Goodness, we see untapped potential in rural communities, and sports provide a unique platform for talent development. With over 15 years of experience, we've driven sports excellence, promoted an active rural youth lifestyle.

Today, we're honoured to expand and enhance sporting activities at the University of Vavuniya Sports Complex, upgrading infrastructure and creating a comprehensive plan for various sports. Our goal is to transform it into a prominent sports hub for the Northern Province, serving Mannar, Anuradhapura, and the East Coast. This extended reach will provide diverse communities access to facilities and training opportunities for enhanced excellence and exposure.



- 1 Swimming Pool
- 2 Athletics Track
- 3 Hockey Field
- 4 Rugby/Football Field
- 5 Basketball Court ✓
- 6 Sports Pavilion
- 7 Gymnasium ✓
- 8 Netball Court
- 9 Tennis Court
- 10 Cricket grounds
- 11 Indoor Badminton ✓
Table Tennis / Indoor
Volleyball / Judo /
Karate

Udumulla

3763

Beneficiaries since 2007

Villages reached:
12
Programmes:
15



Rathgama

3595

Beneficiaries since 2010

Villages reached:
12
Programmes:
14



Monaragala

4026

Beneficiaries since 2014

Villages reached:
12
Programmes:
15



Sittandy

5103

Beneficiaries since 2016

Villages reached:
4
Programmes:
13



Thirukkivil

4771

Beneficiaries since 2016

Villages reached:
5
Programmes:
13



Mathagal

2339

Beneficiaries since 2017

Villages reached:
6
Programmes:
16



Oddusuddan

1886

Beneficiaries since 2017

Villages reached:
11
Programmes:
15



Pallai

2007

Beneficiaries since 2017

Villages reached:
12
Programmes:
15



Bandarawela

2307

Beneficiaries since 2018

Villages reached:
17
Programmes:
16



Puthiyanagar

765

Beneficiaries since 2021

Villages reached:
7
Programmes:
15



Dambulla

1796

Beneficiaries since 2021



Villages reached:

19

Programmes:

20

Ragala

866

Beneficiaries since 2022



Villages reached:

15

Programmes:

16

Mahiyanganaya

400

Beneficiaries since 2023



Villages reached:

4

Programmes:

16

Polonnaruwa

2250

Beneficiaries since 2023



Villages reached:

6

Programmes:

11

Maskeliya

960

Beneficiaries since 2024



Villages reached:

15

Programmes:

9

Kothmale

1221

Beneficiaries since 2022



Villages reached:

14

Programmes:

16

Hatton

1080

Beneficiaries since 2022



Villages reached:

37

Programmes:

16

Trincomalee

400

Beneficiaries since 2023



Villages reached:

10

Programmes:

16

Ahangama

479

Beneficiaries since 2023



Villages reached:

8

Programmes:

10

Kandy

575

Beneficiaries since 2024



Villages reached:

15

Programmes:

11

THIS MONTH AT THE VILLAGE HEARTBEAT EMPOWERMENT CENTRES



EMBRACING POSON POYA WITH COMMUNITY ACTIVITIES

This Poson Poya beneficiaries created vibrant pandols, engaging in traditional crafts, and participating in mindfulness and meditation sessions. Community members of all ages came together to honour this significant day, fostering a spirit of unity and cultural appreciation.





WORLD FOOD SAFETY DAY

On World Food Safety Day, the Village Heartbeat Empowerment Centres held workshops on proper food handling, storage, and preparation. These activities aimed to raise awareness and empower the community with knowledge for healthier, safer eating habits.



PRACTICAL EXAMS BEGIN

As the courses at the Village Heartbeat Empowerment Centres come to a close, students demonstrate their skills and knowledge through hands-on assessments, showcasing the techniques they've learned. These exams mark a significant step in their educational journey, preparing them for future opportunities.



GRADUATIONS AT THE CENTRES

Graduations at the Village Heartbeat Empowerment Centres are special celebrations of achievement and growth. Students proudly receive their certificates, showcasing their hard work and dedication. These ceremonies highlight the Centres' commitment to education and empowerment, inspiring students to pursue their dreams and contribute positively to their communities.





“Growing old is not a disease, it is a triumph”

The Good Care for Elders programme took place this month at the Thirukkovil, Sittandy, Ragala, Pallai, Mathagal, Maskeliya, Kotmale, and Hatton Village Heartbeat Empowerment Centres. The programme included medical check-ups, physical activities and mental stimulation exercises, while healthy nutritious meals were also provided to the elders.

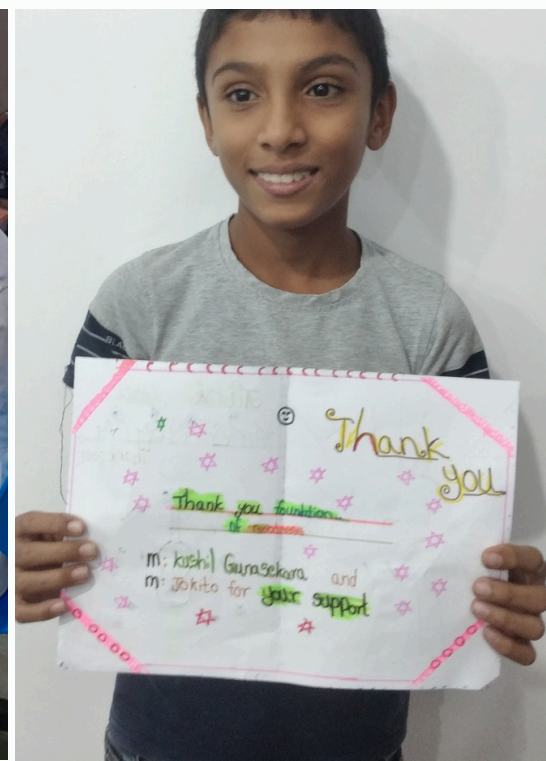
Additionally, the Mathagal Centre hosted telemedicine clinics led by **Dr. Krishna**. These programmes are essential for promoting the health and well-being of the elder community, ensuring they receive comprehensive care and support.





THANK Expressing Gratitude YOU

Students from the Village Heartbeat Empowerment Centres expressed their gratitude to donors by creating art and digital greeting cards showcasing their skills. These heartfelt creations highlight their appreciation and demonstrate the valuable skills they've gained through the support of generous contributions.



SUSTAINABILITY IN FOCUS



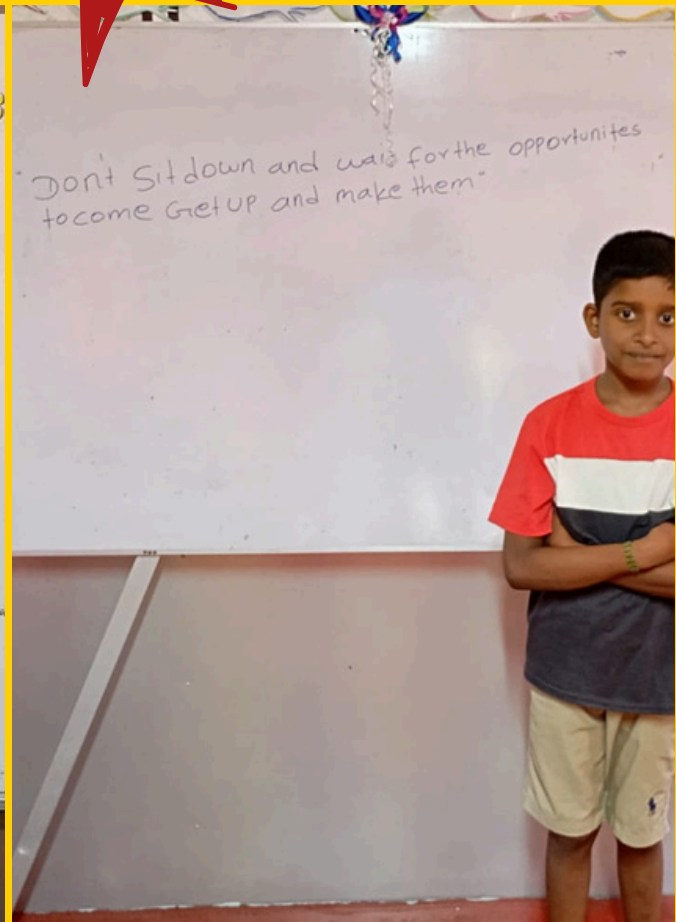
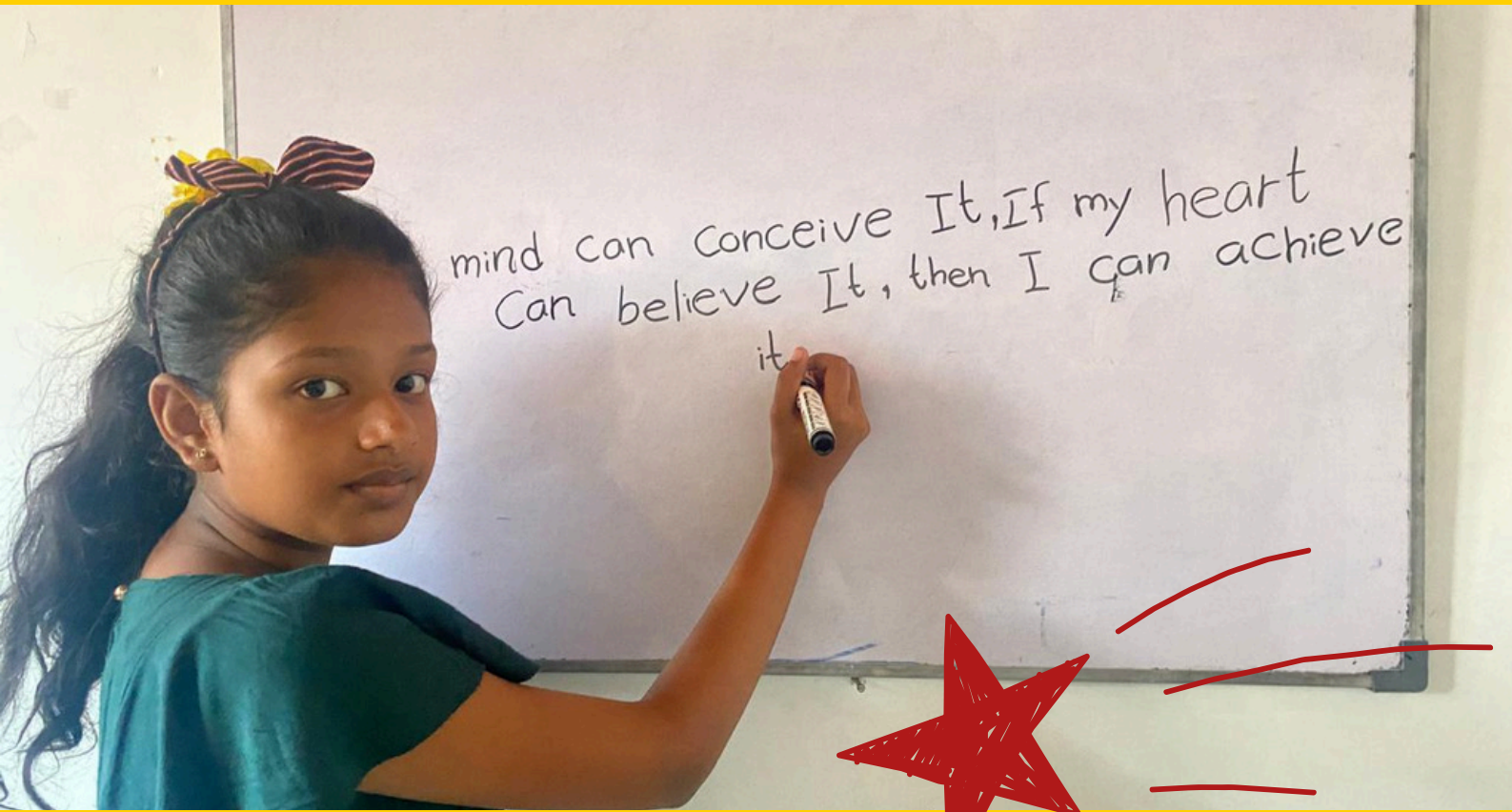
The **Poya Day Tree Planting** Project kindly made possible by **Prof. Asoka Mendis**, is an ongoing effort that exemplifies the commitment to environmental sustainability and was held at the Kandy and Kotmale Village Heartbeat Empowerment Centres this month.

The **Goodness Agriculture Initiative** is a programme which aims to empower communities to grow their own fresh produce, fostering self-sufficiency and contributing to local food security.



INSPIRING GOODNESS

A glimpse of some of the Inspiring quotes collected this month at the Village Heartbeat Empowerment Centres!

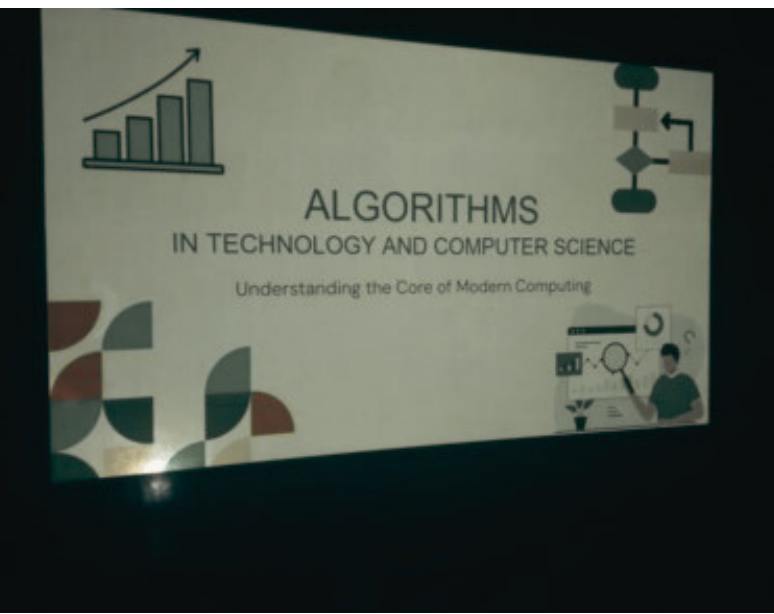


LEARNING ABOUT THE WORLD



A WORLD OF KNOWLEDGE: STEAM and Planetary Health Education

Our mission is to offer students diverse educational opportunities which is not always available in schools. The programme which was initiated by **Dr. Anusha Seneviratne**, prioritises subjects such as STEAM and planetary health education, allowing kids to engage in exciting activities like nature-based science experiments and interactive learning within their local community.



CHILDRENS GOOD VALUES



“Cultural Diversity & Inclusion” Children’s Good Values Initiative

This month's Children's Good Values lessons centered on the significance of "Cultural Diversity and Inclusion" Students explored how their actions can create positive changes in their communities and beyond, emphasizing thoughtful consideration and mindfulness in their daily interactions.

The inaugural formation of the Children’s Goodness Club at the FOG Sports Academy marks a significant milestone in promoting positive values and community spirit among young athletes.





A Brighter Future for All

Computer Training which includes courses in coding, typing and computer skills, are held for Pre-schoolers, School Leavers, and women. All our Centres are fully equipped with computers to facilitate comprehensive learning opportunities.



Developing Skills for the Better

We continuously introduce fresh courses at our Centres to address the evolving requirements of our beneficiaries. Every course is uniquely designed to meet the varying needs and interests of those we serve.

A GLIMPSE AT THE REALITIES OF RURAL LIFE



Pallai - Kilinochchi District



Maskeliya - Nuwara Eliya District



Thirukkivil - Ampara District

WELFARE



These are times of great struggle and hardship. As little as USD 25 could help ease their daily burdens as they care for their families.

In June 30 projects benefiting **129 Rural Sri Lankans** from **26 villages** across the island were carried out in the following areas:

Medical Needs, Educational Scholarships, Water & Sanitation, Housing Assistance, Sports Scholarships and Equipment:

Total Donations
Rs. 682,275.00

USD 2,249.18

SHARING IS CARING

Meal Donations to Sujatha Special Needs Home



Healthy and nutritious meals were sponsored throughout the month by many generous donors to the Sujatha Special Needs Home in Kalutara.

Pimp My Tuk-Tuk's Continuous Support to Meth Sewa Special Needs Home



With the heartfelt generosity of **Richard Houghton**, supported by **Paul Davies of Pimp My Tuk-tuk**, we continue to provide essential cleaning allowances and supplies for the Physiotherapy at the Methsewa Special Needs Home in Wellawaya. This ongoing support ensures a clean and safe environment for the 131 students during their therapy sessions.

PROJECTS UNDERWAY

- Individual emergency welfare programme due to economic strife
- District development strategic ideas
- Future adaptation of smart village model
- Tech-Enabled Solutions and Services
- Ongoing: Cricket coaching camps in the North, South and East
- Good Life Institute - Waves, Better Than I Used To Be
- Game Goodness
- Goodness Endowment Trust
- University of Vavuniya Multi-Sports Complex
- Sustainable Income Generation 2024

LIFE'S REFLECTIONS

It is good to know ahead,
we experience what we dislike,
we also don't get what we like,
either way, neither are permanent

The one thing we need to be prepared in
life is to manage our expectations.

That said, more often than not, we
experience what we dislike and also what
we like, nevertheless, it is important to be
equanimous, since neither are permanent.

Kushil Gunasekera
Founder - Foundation of Goodness &
Good Life Institute



EMPOWERED IN 2023

Bridging the urban rural divide since 1999, by empowering rural, communities in Sri Lanka via a holistic rural development model.

OYOB Centre of Excellence **5,790**

Sports Academy **789**

Village Heartbeat Empowerment Centres **18,264**

Special Projects and Crisis Relief Projects **110,417**

TOTAL BENEFICIARIES EMPOWERED IN 2023

135,260

TOTAL VILLAGES REACHED IN 2023

854



Udumulla	448
Rathgama	463
Monaragala	754
Sittandy	1,181
Thirukkivil	1,390
Mathagal	741
Oddusuddan	565
Murukandy (Jan - Sept)	423
Pallai (Sept - Dec)	534
Bandarawela	798
Puthiyannagar	358
Dambulla	1,339
Kothmale	1,578
Ragala	1,270
Hatton	1,067
Mahiyanganaya	544
Trincomalee	1,043
Polonnaruwa	1,763
Ahangama	679
Maskeliya	1,326

Special Projects 2023

Reverse Osmosis Water Purification Plants	17,170
Welfare	3,184
Orphanages and Elders' Homes	137
Special Needs	253
Essential School Supplies	4,528
School Meal Programme	68,853
Scholarships	145
Feed the Hungry Grocery Packs	15,807
Kirulapone Resource Centre	124
University of Vavuniya Multisports Complex	216

TOTAL BENEFICIARIES **110,417**

Seenigama Sports Academy Development 2023

Cricket	195
Swimming	445
Chess	40
Netball	39
Table Tennis	39
Karate	31

TOTAL BENEFICIARIES **789**

Empowered via programmes offered since 1999

Medical Centre	159,315
Dental Clinic	28,059
Women's Empowerment	9,840
Business Skills Centre	2,985
Education	33,912
IT & Computer Skills	11,639
Pre-school	1,130
Community Psychosocial Unit (Counselling/ Awareness)	13,632
Children's Good Values Initiative	8,036
Dance Academy	1,137
Music Academy	134
Art for Good	336
Agriculture Initiative and Tree Planting	3,280
Finding Dreams Special Needs Unit	60
Dive Centre	525
Planetary Health Educatoin	1,372
Harrow Library	858
Sports & Angampora (Traditional Martial Arts)	9,455

TOTAL BENEFICIARIES **285,705**



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நற்குண முன்னேற்ற அமைப்பு
FOUNDATION OF GOODNESS

North Journey

(2011-Present)

69,701,942

rural, disadvantaged Sri Lankans empowered

100 +

rural villages in the North and East

Rs. 460,175,615

(USD 2,470,741)


empowerment investment





**We now accept
PayPal Donations
to the Foundation of
Goodness USA Branch (501c3)**




Donate to
Foundation of Goodness 

One-Time

Monthly

\$ 0.00
USD

 **Donate with PayPal**

Donate with Debit or Credit Card